Robert K. Bitting



Using Effective Leadership Strategies in the Workplace

Building Effective Supervisory Skills in the Workplace

Robert K. Bitting, Ph.D., L.M.H.C.

"You cannot antagonize and influence at the same time."

- I. Interactive Communications
 - A. Some Rules for Listening
 - B. Tear the Paper
 - C. Barriers to Effective Communication
 - D. S.O.L.E.R.
 - E. A Lesson from Dr. Seuss Transactional Styles
- II. Values, Motivation and Workplace Interactions
 - A. 12 Questions for Measuring Workplace Strength
 - B. Crossing the Alligator River
 - C. Disease or Willful Misconduct?
 - D. The Participative Management Profile
 - E. Do You Know What Employees Want? (Understanding and Applying Effective Motivation Techniques)
- III. Leadership and Successful Supervisors
 - A. Caught in the Middle (Getting Support from Above and Below)
 - B. Searching for the Holy Grail
 - C. The Empowerment Continuum
 - D. Leadership, Power and Authority What's the Difference?
 - E. Situational Leadership
- IV. The Myers-Briggs Type Indicator (A Supervisory/Leadership Tool)
 - A. What is the MBTI and How Will It Help Me?
 - B. Discussion of the Eight MBTI Preferences
 - C. Taking the Self-Scorable Inventory
 - D. Predicting and Discussing Results
 - E. Exercises to Demonstrate "Types" in Action
- V. Building Effective Teams
 - A. What's Your Role?
 - B. Stages of Team Development
 - C. How to Recognize an Effective Group
 - D. Emotional Intelligence in the Workplace
 - E. Developing Action Plans

- F. Stranded in the Himalayas
- VI. Managing Time and Setting Priorities
 - A. The Time Management Inventory
 - B. Getting Everyone on the Same Page
 - C. Working With Difficult People
- VII. Managing Change and Solving Problems
 - A. Stages of the Change Process
 - B. Who Gets the Bicycle?
 - C. The Conflict Carousel and Six Elements of the Conflict Structure
 - D. Psychological Ju Jitsu
 - E. Going to Abilene

Contact Robert K. Bitting To Learn More About This Topic

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